



Mars Hill College
Department of Physical Education
SOCIOLOGICAL AND PSYCHOLOGICAL BASIS OF SPORT
Physical Education 333 (3 semester hours)
FALL 2004

Instructor: Mr. Bill Hamilton
Office: Chambers Gym, Room 101A
Office Hours: MW 10-11 W 1-3 TTR 9-11
(phone or email for appointments at other times)
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Course Description:

This course is designed to provide students with an introduction to the sociological and psychological aspects of sport. Students will learn about sport-specific aspects of motivation, perception, self-esteem, self-confidence, attitudes, and personalities of athletes, and will be introduced to the social issues surrounding athletes and sport. Prerequisite: PE 221 or Junior status or permission by instructor.

Text: Eitzen, Stanley and Sage, George (2003). Sociology of North American Sport. (7th Edition). McGraw-Hill

Course Goals and Objectives:

Upon completion of this course. students will be able to:

1. Understand what the terms sociology and psychology mean as they relate to sports.
2. Understand the general theories about sports and society and appreciate the differences.
3. Develop a position on the relationship between interscholastic sports and education.
4. Understand the relationship politics play in sports and the impact media plays in sports, as well as the images it projects.
5. Explain the characteristics of commercial sports.
6. Understand the difference between the myths and realities, which sports provide.
7. Develop an understanding of race and ethnicity issues in the realm of sports.
8. Understand the aspects inclusive of gender equity in sports.
9. Understand the recent research conducted on aggression and deviance in the realm of sports.
10. Understand the social issues concerning an injured athlete and the support the athlete needs.
11. Understand the varied roles of psychology in sport.
12. Understand the psychological effect of sport on youth.
13. Be familiar with arousal energizing strategies for sport.
14. Be familiar with the symptoms and models of burnout in athletes.

Instructional Methods:

Lectures, discussions, group/individual projects, video, demonstrations, etc.

Course Policies and Evaluation Procedure:

1. Three to four tests covering lectures, discussion, and other classroom exercises. **300-400 points.**
2. Group project **100 points.**
3. Outside Assignments. **100 points.**
4. Class participation: consists of attitude, discussion, assignment, and participation. Three points will be deducted from participation points for every unexcused absence. **135 points.**

Grading Scale: (based on 635 points)

A	=	572 points
B	=	508 points
C	=	445 points
D	=	381 points
F	=	under 318 points

Attendance Policy:

Students are expected to attend class regularly and on time. Any student missing class *(unexcused) will have three (3) points deducted for each day missed. These points will be deducted from class participation grade. Any quiz given will not be made up. All students must inform the instructor prior to missing a test. A phone call or email (I will reply to email to email to document receiving it) will suffice. A voicemail message will not. The student will make up the test on the last day of class at the end of the semester. Any student who does not notify the instructor in the above way will receive a "0" for that test.

*Excused absences require a written and dated note from the infirmary, a doctor or court notice explaining absence.

Course Content/Schedule: Topics will be assigned from text as class progresses

What is sociology?

Why study it?

What do social theories tell us about sports in society?

Does the past help us understand the present?

Sports and socialization

Sports and children

Deviance in sports

Violence in sports

Gender and sports

Are race and ethnic ate important in sports?

Do money and power matter in sports?

Characteristics of commercial sports

Sports and the media

Politics in sports: Big brother influence

Do varsity sports contribute to education?

Sports and religion

The future of sports

HONOR CODE

We, the students of Mars Hill College, pledge ourselves to uphold integrity, honesty, and academic responsibility in and out of the classroom.

HONOR PLEDGE

On my honor, I have neither given nor received any academic aid or information that would violate the Honor Code of Mars Hill College.